## **DAM** <sup>T</sup><sup>0</sup> **DAM 100 K** RELAY

## The Mt. Regal Leg

Lake Murray Dam to St. Alban's

Lake Murray Park 1834 N Lake Dr. Lexington, SC 29072

St. Albans 403 Park Rd. Lexington, SC 29072

#### Mile Directions

- 0.1 Proceed right onto North Lake Drive toward Lexington Stay on sidewalk running with traffic
- 3.1 Right onto Sunset Boulevard (still on sidewalk with traffic)
- 4.2 Right onto Park Road (move to left sidewalk and continue on left)
- 5.4 Arrive at Finish



You will cross several intersections on this leg. Use the crosswalks and only cross when you have a green light or crosswalk signal.

To avoid crossing the main intersections at 378 and 6, use the sidewalk on the right.

Follow directions from volunteers about parking.

## 5.4 miles 334' climb



### DAM <sup>T</sup><sup>0</sup> DAM 1000 IK RELAY

## The It's All Down Hill Until It's Not Leg

St. Alban's to St. Peter's

St. Albans 403 Park Rd. Lexington, SC 29072

#### Mile Directions

- 0.0 Proceed left onto Park Road
- 0.1 Stay to left on Park Road
- 1.0 Road turns to dirt
- 1.6 Left on Old Cherokee Road
- 1.8 Right on Holly Brook Drive (dirt road)
- 2.3 Right on Wise Ferry Road
- 3.0 Left on St. Peter's Road
- 3.9 Arrive at Finish

St. Peter's 1130 St. Peter's Road Lexington, SC 29072

## Team Vehicles - DO NOT follow runners on this run.

Go left out of church but bear to the right on Foxglen Rd. Take a left at stop sign onto Old Cherokee. Continue until you reach St. Peter's Rd. and take a right. St. Peter's Church is on right.

### 3.9 miles -235' climb





### DAM <sup>T</sup><sup>0</sup> DAM 1000 IK RELAY

## The Some Beech Leg

St. Peter's to St. Paul's

St. Peter's 1130 St. Peter's Road Lexington, SC 29072

#### Mile Directions

- 0.0 Proceed onto St. Peter's Church Road
- 0.1 Right onto Old Cherokee Road
- 0.3 Left on Beechwoods Drive
- 2.2 Right onto US 378
- 3.5 Left onto Beaver Creek Road (dirt/gravel)
- 4.4 Right onto Walter Rawl Road
- 5.0 Left onto Sim Johnson Road
- 5.2 Left on Peachland Road
- 6.1 Cross over Spool Wheel Continue on Peachland
- 6.9 Right on St. Paul's Church Road
- 7.0 Arrive at Finish on left

St. Paul's 246 St. Paul's Church Road Gilbert, SC 29054

## Team Vehicles - DO NOT follow runners on Beaver Creek Road.

Continue down 378 for 1.6 miles and take a left on Peachland Rd. You will enter the course about .3 mile down Peachland.

## 7 miles -372' climb





### **DAM** <sup>T</sup><sup>0</sup> **DAM 100 K** RELAY

# The Windmill Leg

St. Paul's to Cedar Grove

St. Paul's 246 St. Paul's Church Road Gilbert, SC 29054 Cedar Grove Church 1220 Cedar Grove Road Leesville, SC 29070

#### Mile Directions

- 0.0 Proceed onto St. Paul's Church Road (left)
- 0.3 Left onto Priceville Road
- 0.5 Right onto Windmill Road
- 3.4 Right onto Cedar Grove Road
- 3.8 Arrive at Finish on left

### 3.8 miles -208' climb





#### DAM TO DAM The Welcome to Saluda Leg

#### **Cedar Grove to Bethel Pentecostal**

Cedar Grove Church 1220 Cedar Grove Road Leesville, SC 29070

**Bethel Pentecostal** 284 Old Duncan Road Leesville, SC29070

#### **Mile** Directions

100

- 0.0 Proceed onto Cedar Grove Road (left out of lot)
- 2.0 Left on Ansel Caughman Road
- 2.9 Cross Union Church Road and keep on Ansel Caughman Road
- 3.7 **Right on Holly Ferry Road**
- 3.75 Left on Shealy Road (gravel)
- 4.4 Cross 378 onto Shealy Road (BE CAREFUL CROSSING 378)
- Left on Old Duncan Road 4.8
- 5.0 Arrive at Finish on left

#### **Team Vehicles - DO NOT FOLLOW RUNNERS DOWN SHEALY ROAD**

Stay on Holly Ferry, cross 378, and take left on Old Duncan.

## 5.1 miles 250' climb





# The Up Hill Finish Leg

**Bethel Pentecostal to St. Mark's** 

Bethel Pentecostal 284 Old Duncan Road Leesville, SC 29070

RELAY

St. Marks 255 St. Marks Road Leesville, SC 29070

#### Mile Directions

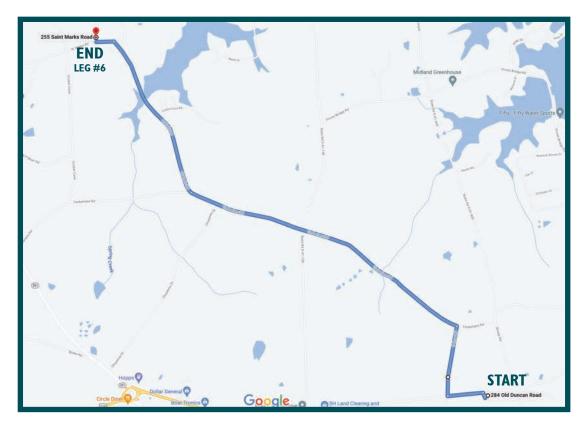
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- 0.0 Proceed onto Old Duncan Road (left out of lot)
- 0.2 Right on Delmar Road
- 0.6 Left onto Timberlane Road

DAM TO DAM

- 2.2 Continue to right on St. Marks Road
- 3.1 Stay left on St. Marks Road
- 3.2 Turn left to stay on St. Marks Road
- 3.3 Arrive at Finish on right

#### 3.3 miles -204' climb





## 

# The Lake Life Leg

St. Mark's to Corinth

St. Marks 255 St. Marks Road Leesville, SC 29070 Corinth Lutheran Church 638 Corinth Road Saluda, SC 29138

#### Mile Directions

- 0.0 Proceed onto St. Marks Road (right out of lot)
- 0.1 Right on Cricket Cove (gravel road)
- 0.6 Left onto Caughman Acres Road
- 1.0 Right onto Prosperity Highway (391)
- 1.5 Left onto Tailers Trail
- 2.3 Left onto Clear Lake Road
- 2.6 Right onto Bark Avenue
- 3.6 Continue Right onto Phillippi Church Road
- 3.7 Left onto Denny Highway
- 5.6 Right onto Corinth Road
- 6.0 Arrive at Finish on right

## 6 miles -141' climb





0.0 ml 0.5 ml 1.0 ml 1.5 ml 2.0 ml 2.5 ml 3.0 ml 3.5 ml 4.0 ml 4.5 ml 5.0 ml 5.5 ml

## The Easy Like Sunday Morning Leg

**Corinth to Bethany UMC** 

Corinth Lutheran Church 638 Corinth Road Saluda, SC 29138

Bethany UMC 296 Bethany Road Saluda, SC 29138

#### Mile Directions

0.0 Proceed onto Corinth Road

DAM TO DAM

- 0.4 Right onto Denny Highway
- 0.8 Right onto Old Cherokee Trail (gravel section)

RELAY

- 1.3 Right onto Kempson Bridge Road
- 1.3 Left on Old Cherokee Trail (Old Cherokee forks to left)

#### 3.5 DO NOT TURN ON BETHANY SCHOOL ROAD

- 3.8 Left onto Bethany Road
- 4.7 Arrive at Finish

#### 4.7 miles -152' climb





## The Eat Mor Chikin Leg

#### **Bethany UMC to Bethel Hispanic**

Bethany UMC 296 Bethany Road Saluda, SC 29138

Bethel Hispanic Church 884 State Road S-41-43 (Yarborough Rd) Saluda, SC 29138

#### Mile Directions

0.0 Proceed onto Bethany Road (right out of lot)

RELAY

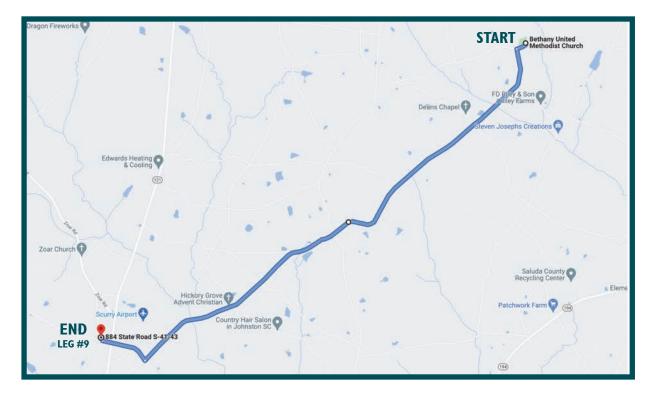
0.1 Left onto Hickory Grove Road

DAM TO DAM

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- 1.0 Cross Hollywood Road and proceed on Hickory Grove Road
- 2.7 Cross Big Creek Road and proceed on Hickory Grove Road
- 4.7 Right onto Yarborough Road
- 5.2 Arrive at Finish on right

## 5.3 miles -267' climb





## The Are We There Yet Leg

#### **Bethel Hispanic to Hopewell**

Bethel Hispanic Church 884 State Road S-41-43 Saluda, SC 29138

RELAY

Hopewell CHC 785 Old Chappell Ferry Road Saluda, SC 29138

#### Mile Directions

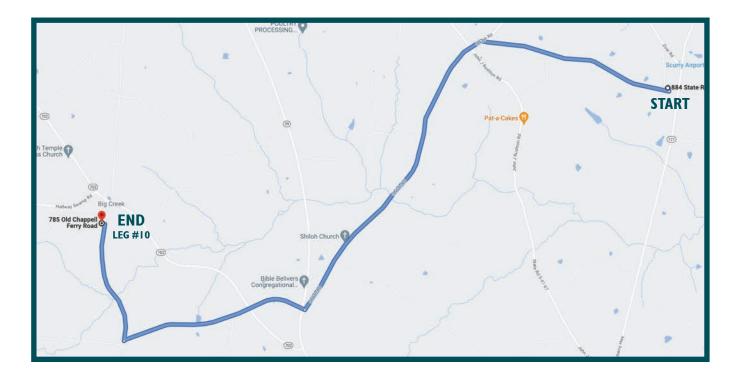
- 0.0 Proceed onto Yarborough Road (left out of lot)
- 1.7 Left onto Shiloh Road

DAM TO DAM

**11 OD OD I**k

- 4.7 Right onto Trinity Road (immediately cross Hwy 39)
- 5.3 Cross State Hwy 702 and stay on Trinity Road
- 6.4 Right on Old Chappell Ferry Road
- 7.8 Arrive at Finish

#### 7.8 miles -346' climb





### DAM <sup>T</sup><sup>0</sup> DAM 1000 IK RELAY

## The Fear the LORD Leg

#### **Hopewell to Pine Pleasant Baptist**

Hopewell CHC 785 Old Chappell Ferry Road Saluda, SC 29138 Pine Pleasant Baptist Church 6818 Hwy 702 Ninety Six, SC 29666

#### Mile Directions

- 0.0 Proceed on Old Chappell Ferry Road
- 0.2 Left on State Hwy 702
- 7.5 Left on Brickyard Road
- 7.6 Arrive at Finish on right



USE CAUTION ON HWY 702.

THIS IS A 55 MPH HWY. USE THE SHOULDER OF THE ROAD.

## 7.6 miles 307' climb



## **DAM** <sup>T</sup><sup>0</sup> **DAM 100 K** RELAY

# The Fast Finish Leg

Pine Pleasant to Buzzard Roost

Pine Pleasant Baptist Church 6818 Hwy 702 Ninety Six, SC 29666

Mile Directions

- 0.0 Proceed onto Brickyard Road
- 0.8 Right onto Dyson Road
- 1.4 Left onto Hwy 702
- 2.4 Right onto Hwy 34
- 3.2 Left into Buzzard Roost Landing
- 3.35 DONE



Ninety Six, SC 29666

**Buzzard Roost Landing** 

7705 Ninety Six Hwy

USE CAUTION ON HWY 702 and HWY 34.

USE SHOULDERS OF THE ROAD.

Team Vehicles - leave church on Hwy 702 for the quickest way to finish.

> 3.35 miles 122' climb

